



# *Health & Social Care*

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*Christmas Lesson*



**Case study:** Sarah is 19 years old, she recently had a baby boy called Brayden who is 3 weeks old. Sarah is able to meet all of Brayden's needs (shelter, nappies, milk, clothes, bedding etc.) but as she is only receiving statutory maternity pay, she does not have any additional money to purchase items for Brayden.

**Task:** Put together a care package for Sarah and Brayden that can be given to her for Christmas. You have a **£50** budget.

**Things to consider:**

- Items can be for Brayden or Sarah
- Sarah can meet Brayden's basic needs already
- Age appropriate gifts that can be used in the first 6 months.



**Include a picture, price and brief description of why you have chosen this item.**