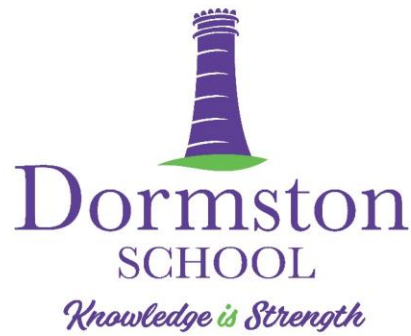


Our Ref: JDT/KON

February 2026



ALL YEAR 8 PARENTS/CARERS

Dear Year 8 Parents and Carers,

Year 8 PSHE – Tuesday 10 March 2026

I am writing to inform you that during the PHSE session on **Tuesday 10 March 2026**, Year 8 students will be learning about the important issue of online relationships, consent, and the legal and emotional consequences of sharing explicit or sexual images ('sexting')

As part of our commitment to safeguarding and educating students about the risks they may encounter online, this session will focus on:

- strategies for staying safe online;
- understanding what sexting is and why it can be harmful;
- the legal and emotional consequences;
- peer pressure and consent;
- how to seek help and report concerns.

We recognise that some of the content covered is sensitive in nature. However, it is carefully delivered to ensure students are informed, supported, and empowered to make safe choices.

We strongly believe that these conversations are most impactful when reinforced at home. To support this, we are sharing a link to the video supported by The Lancashire Police and Crime Commissioner that will be shown during the session that you may wish to watch in advance or use it as a starting point for discussion with your child. Please note the clip does have some strong language and upsetting scenes.

<https://vimeo.com/showcase/captured?video=411236072>

Further information on how to keep your child safe online can be found in our monthly Online Safety Newsletters and via our safeguarding tab on our website.

If you have any queries please do not hesitate to contact us. Thank you for your continued support

Yours sincerely

Miss Dart

Miss Dart (KS3 PSHE Lead)

Mrs Elliott

Mrs Elliott (DSL)



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