



Dormston Menu – Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie (barley,sulphur) <u>MC -Oats</u>	Honey Garlic & Soy Chicken (wheat,soya)	Fish & Chips / Sausage & Chips (fish,wheat) <u>MC - Barley</u>	Homemade Italian Beef Meatballs { wheat,sulphur,egg,milk } <u>MC - Barley,Oats,Rye</u>	Sub of the Week (milk,wheat) <u>MC - Barley,Egg,Oats,Rye,Sesame</u>
Braised Cabbage & Crusty Bread (wheat)	Sticky Rice & Broccoli Florets	Curry Sauce, Gravy & Baked Beans (wheat,soya)	Spaghetti & Garlic Bread (wheat,soya)	Lightly Spiced Potato Wedges
Macaroni Cheese (wheat,milk,mustard)	Sweet Chilli Noodles (wheat,egg)		Middle Eastern Shakshuka (wheat,sulphur,egg)	Cheese & Onion Quiche (wheat,egg,milk) <u>MC - Barley,Oats,Rye</u>
Jacket Potatoes Tuna/Cheese/Beans (fish,milk)	Jacket Potatoes Tuna/Cheese/Beans (fish,milk)		Jacket Potatoes Tuna/Cheese/Beans (fish,milk)	Jacket Potatoes Tuna/Cheese/Beans (fish,milk)
Sprinkle Cake (wheat,egg)	Hot Chocolate Pudding (wheat,egg,milk,soya)	Chocolate Iced Sponge (wheat,egg,milk,soya)	Peach Crumble (wheat,oats milk)	Iced Sponge (wheat,egg)